

LINDA UGELOW

TV HOST, AUTHOR AND VISIBILITY COACH

BIO

Linda inspires audiences to lead and live with easeful presence. As a visibility and confidence coach, she guides clients to transform their inner experience to reach their potential. She produces and hosts the TV show Women Inspired.

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- w Website LindaUgelow.com
- Email Linda@LindaUgelow.com
- Phone(781) 698-6846

SOCIAL MEDIA

- **Twitter** @LindaUgelow
- in LinkedIn /lindaugelow
- f Facebook /lindaugelowbiz

SPEAKING TOPICS

Fearless Visibility

Putting yourself "out there" can be stressful. Rather than push through fear as the media suggests, discover the wisdom of your fear to overcome it once and for all.

Radical Self-Acceptance

Research shows how self criticism keeps you from achieving your goals. Rather than vilify the inner critic, transform the inner critic to an inner champion that's aligned with your desires.

Self-Possessed Leadership

Connect on a deeper level to yourself to build your capacity to lead with grace, presence, deep listening, emotional awareness and renewable energy!

PREVIOUS ENGAGEMENTS

Conference in Positive Psychology Angers, France HBS - Dynamic Women in Business Conference Applied Improvisation Network Conference TEDx Debrecen University - Emcee Cambridge Innovation Center Northeastern University Brandeis University General Assembly



The value you added to the event was tremendous!

Laith Basson, Co-Founder of TEDx Debrecen University

AMAZING, PRACTICAL, AND LIBERATING!

Louisa Wah, The Eat Right Chef

UNAPOLOGETICALLY INSPIRING!!

Lauren Riesner, Ban Negative Thinking Coach

POWERFUL PRESENTATION!

Nancy Hansen, Message Teddy Bear Co.

Your positive energy and message is uplifting.

Beth Matthews, LIUPsychologist

AS SEEN IN

THE HUFFINGTON POST





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C O M I N G S O O N

