



CONFIDENCE UNCAGED: OWN YOUR VOICE, OWN YOUR IMPACT

LINDA UGELOW

SPEAKER, AUTHOR, PODCAST HOST

BIO

Linda guides audiences to overcome the fear of speaking, impostor syndrome, and playing small, so they can step into their full potential and make their mark on the world.

BOOKINGS



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SOCIALS



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TikTok

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KEYNOTE #1

Breaking Through Self-Doubt: A Guide to Overcoming Impostor Syndrome

- Uncover the roots of impostor syndrome and self-doubt.
- Restore inner safety where your ideas and creativity can thrive without fear of judgment.
- Repattern new habits of thought, expression, and self-care that support your growth and help you embody confidence and authenticity.

KEYNOTE #2

How to Love Speaking in Public, Even If You Hate It Now

- Uncover the roadblocks that hold you back from stepping into the spotlight.
- Release self-defeating narratives that keep you from reaching your full potential.
- Discover techniques to build confidence physically, emotionally, and mentally, allowing you to present with ease.

PREVIOUS ENGAGEMENTS



FEATURED IN...

HUFFPOST

mindbodygreen



NYLON

inspired COACH

AARP

Time Inc.

"She uplifted our audience with her energy, engaging stories, and takeaways. And the dancing was a fantastic touch! 😊"

Jennifer Clark, Corporate Event Planning,
Emerge Events

"Linda's message addressing emotional roadblocks and perceptions is more helpful than all the classes I've taken."

Maribeth Janssens, Audience member

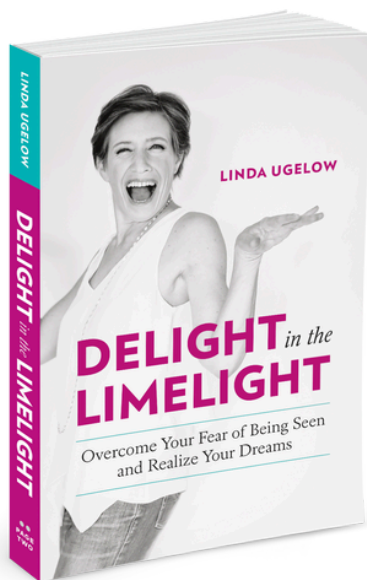
"Linda's presentation was engaging in a way few speakers are. She had our audience dancing, moving and singing... a great opener to our event!"

Mike Michalowicz, Bestselling author of Profit First



"The ultimate roadmap for overcoming anxiety on stage or on camera"

DORIE CLARK,
author of Stand Out



"A must-read for anyone who wants to shine on stage or on camera"

PAULA RIZZO,
author of Listful Living



"Finally, someone who can show me not how to mask fear when I'm speaking, but to skip it altogether!"

LAURA BELGREY,
author of Tough Titties



"This book is courageous enough to talk about what's really behind stage fright and how to finally overcome it."

CLEMENTINA ESPOSITO,
founder of The
Clementina Collective

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